**Faces4Change DFC/CARA Community Coalition**

**September 20, 2022, Monthly Meeting Minutes**

**Dr. Hicks Harper called the meeting to order at 6:07 pm.**

**There were 13 people in attendance.**

1. P. Thandi Hicks Harper, Victoria Riddle, Deborah Kipps-Vaughan, William Ellis, Mo Bowler, Danielle Winkworth, Frank Sottaceti, Collin Carpenter, Chris Terrell, Billo Harper, Sandra Quigg, Jennifer Hicks-Harper, and Yolande Ndjomgoue

**Faces4Change “Harrisonburg Drug-Free Community (DFC) Coalition”**

1. Welcome

2. Introduction Rounds

3. Recognition of new attendees: William Ellis, Danielle Winkworth, and Collin Carpenter.

**What Faces 4 Change Has Been Up To (General Topics): Dr. Hicks Harper**

1. Faces 4 Change completed the 60-page DFC August Progress Report. This showed how we have been staying in compliance.
2. Many collaborators and sector members have joined and engaged.
3. A grant proposal was submitted to the Community Foundation to do a SA prevention digital tool kit in the form of an app as a guide. The grant amount would be $13,200.
4. Much assessment and planning has been getting done. A survey to go out to students has been a big part in this planning.

**What Faces 4 Change Has Been Up To (Specific Occasions): Dr. Hicks Harper**

1. F4C went to Orlando, Florida for CADCA’s Mid-Year Training on July 17-21 2022. This was an opportunity to learn more about substance use prevention targeting youth and to engage with other people doing the work throughout the country.
2. F4C also had a seat at the table with Senator Tim Kaine, community members, and sector members for a round table discussion. A major topic was on how to involve and engage youth.

**F4C Has New Audio and Video PSAs: Dr. Hicks Harper**

1. The audio version was played on the radio during the summer.
2. The Harrisonburg radio group helped put the audio PSAs together.
3. The video PSA was played. The video version was created by Faces 4 Change’s Digital Media and Marketing Coordinator, Victoria Riddle.

**F4C was also represented on the radio recently by Dr. Hicks Harper on WSVA’s Early Morning Show: Victoria Riddle**

1. The Community Foundation asked if Dr. Hicks Harper could go on the radio show and discuss the Youth Popular Culture Institute and Faces 4 Change.
2. The topic was “New nonprofit alert! Youth Popular Culture Institute, Inc. (Business Official) for the Faces 4 Change Harrisonburg Drug-Free Community Coalition” with Jim Britt, Revlan Hill, and Dr. Hicks Harper.
3. The collaborators and sector members were thanked for being involved and helping Faces 4 Change in accomplishing its goal!
4. Frank Sottaceti pointed out that meth and marijuana are very different drugs, and therefore legalizing meth like we did with marijuana would not have the same effect.

**Dr. Debi Kipps-Vaughan, JMU professor, presented “JMU Substance Use Disorder Education,” which was part two of her SBIRT (Screening, Brief Intervention, and Referral to Treatment) presentation.**

1. The presentation was given by Dr. Debi\_Kipps Vaughan, and her main points follow:
2. Debi started the conversation off discussing the SAMHSA grant, given to assist with training
   1. The original intention was for faculty and students
   2. Ended up being able to reach community members as well
   3. Online training modules, REVIVE! Trainings, and substance use and addiction workshops were a few of the methods used for these trainings.
3. Collaborations was the next topic discussed.
   1. This is what keeps it sustainable.
   2. Big collaborators include Strength in Peers, Healthy Community Collaborative, Futuro Latino, Faces 4 Change, Community Services Boards, and School Systems.
4. SBIRT is now the nationwide model used for intervention.
   1. Three main components include Screening, Brief Intervention, and Treatment.
   2. The goal is to motivate towards change.
   3. This model uses three questions regarding how many times one has had alcohol, marijuana, or other drugs in the past 12 months.
5. There is a specific screening tool called CRAFFT used for youth.
   1. These consist of questions surrounding using alcohol or drugs in a Car, to Relax, Alone, Forgetting things, being told to cut down by Family or Friends, and getting in Trouble for using alcohol and/or drugs.
   2. This helps catch those with a mild to moderate issue before it gets severe.
6. Dr. Hicks Harper suggested a possible collaboration for a training with JMU and other organizations.
7. There is a quick sheet to help one see basic drinking limits in men and women, along with a description of what counts as one glass.
   1. No more than 14 drinks a week for men, 7 a week for women.
   2. One drink is: a 12-ounce can of beer, a 5-ounce glass of wine, or a shot of hard liquor
8. A brief intervention could only be a fifteen-minute conversation, while encouraging for future discussions.
9. Dr. Hicks Harper discussed doing research and possibly developing a specific youth-to-youth version of SBIRT.
10. Trainings can be fun, such as with impairment goggles!

**What’s To Come: Dr. Hicks Harper**

1. F4C is forming a youth coalition!
2. First meeting is coming soon. Communication with youth has been kept up in planning for this new coalition.
3. Members were invited to think of any youth they know who may be interested in joining.
4. A Town Meeting is being planned for the beginning of December.
5. Members were invited to consider helping with the planning.

**Exciting News: Dr. Hicks Harper**

1. F4C was awarded a DFC continuation grant for the third year!

**Meeting adjourned at 7:05 pm**